

# **California Breastfeeding Roundtable Meeting**

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# CHDP Program

- Child Health and Disability Prevention Program (CHDP) - In every county for low income children
  - Health Screening Program
  - Early Detection of Disease
  - Health Promotion and Anticipatory Guidance
  - Provider Recruitment
  - Quality Assurance
- <http://www.dhcs.ca.gov/services/chdp/Pages/default.aspx>

# CHDP Providers

- **Support for CHDP Providers**

- Health Assessment Guidelines
- Follow-up Referrals
- Office Staff Training
- Recommend and Provide Free Educational Materials
- Facility Site Reviews





# Health Assessment Guidelines

- Reflect the Requirements of the California Code of Regulations and the Federal EPSDT Program
- Prompts for Providers to Practice Preventive Care
- Basic Information on Performing Required Health Assessments
- Defines the Provider Role and Activity
- Reference for Local Program Activity

# Breastfeeding Health Assessment Guideline (HAGs)



- New Guideline for CHDP
- Consistent with AAP
- Relevant to Childhood Obesity and Preventive Health
- Timely and Doable- WIC Resources
- Transferable to Other Health Plans



# Breastfeeding HAG

- Framework

- Rationale and Importance
- Prevalence Data- MCAH Breastfeeding Stats
- Relationship to Health and Disease
- Screening Requirements- Watch for Signs and Symptoms
- Considerations for Referral, Treatment and/or Follow-up
- Health Education Resources

# Pediatric Nutrition Surveillance System (PedNSS)

- Annual CHDP Nutrition Indicator Data
  - Obesity, Anemia, Birthweight, Smoking by Age, Race/Ethnicity and County
  - Pediatric obesity prevalence rate: 12- 23 month age group ranges **17.9 – 20.3 %** over the last 10 years.
  - Jump in prevalence rate from 13% at 0-11 month age group - no decrease thereafter!
  - *Data available at CHDP webpage*



# Obtain Feedback

- Recommendations for provider role with consideration of time limits
- Effective breastfeeding promotion approaches
- Ways to create seamless process between provider and community
- Enhance access to community resources
- Distribution of simple and relevant education materials: Provider office poster needed
- Availability of provider office training that is relevant to the venue



Thank you



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